

Blue Cross & Blue Shield of Mississippi: Blue Care

Coverage Period: 01/01/2024 – 12/31/2024

Coverage for: Individual | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, you can get the Certificate of Coverage by clicking <u>here</u> or calling 601-664-4590 or 1-800-942-0278. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 601-664-4590 or 1-800-942-0278 to request a copy.

| Important Questions | Answers | Why This Matters: |
|-----------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| What is the overall deductible? | Network: \$6,000 Non-Network: \$12,000 | Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. |
| Are there services covered before you meet your deductible? | Yes. <u>Preventive care</u> and medical services with <u>copayments</u> are covered before you meet your <u>deductible</u> . | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | Yes. \$250 for <u>prescription drug</u> coverage. There are no other specific <u>deductibles</u> . | You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services. |
| What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ? | For Network Providers: \$9,450 | The out-of-pocket limit is the most you could pay in a year for covered services. |
| What is not included in the out-of-pocket limit? | Balance-billed charges, non- network deductibles, non-network coinsurance, premiums and healthcare this plan doesn't cover. | Even though you pay these expenses, they don't count toward the out-of-pocket limit. |
| Will you pay less if you use a network provider? | Yes. See www.bcbsms.com or call 601-664-4590 or 1-800-942-0278 for a list of Network Providers. | This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a referral to see a specialist? | No. | You can see the <u>specialist</u> you choose without a <u>referral</u> . |

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| Common Medical | Services You May Need | What You | ı Will Pay | Limitations, Exceptions, & Other Important |
|-----------------------------------------|--------------------------------------------------|-------------------------------------------------|-------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Information |
| | Primary care visit to treat an injury or illness | \$30 / office visit Deductible does not apply. | 50% Coinsurance | Other Covered Services rendered in the Network Provider's office will be subject to the Network Coinsurance amount. |
| If you visit a health | <u>Specialist</u> visit | \$40 / office visit Deductible does not apply. | 50% Coinsurance | Other Covered Services rendered in the Network Provider's office will be subject to the Network Coinsurance amount. Routine vision and podiatry are not covered. See Rehabilitation services and Habilitation services, below, for additional information. |
| care <u>provider's</u> office or clinic | Preventive care/screening/immunization | No charge | Not covered | Covered Services must be rendered by a Healthy You! Network Provider in that Provider's setting. Please see www.bcbsms.com/be-healthy/healthy-you-wellness-benefit. You may have to pay for services that aren't preventive. Ask your Provider if the services you need are preventive. Then check what your plan will pay for. |
| If you have a test | Diagnostic test (x-ray, blood work) | 20% Coinsurance | Not covered | Benefits listed are for Independent Labs and Diagnostic Services Facilities. Services |
| | Imaging (CT/PET scans, MRIs) | 20% Coinsurance | Not covered | provided in the <u>Provider's</u> office may be subject to the amounts listed above for <u>Primary</u> or <u>Specialist</u> care. |

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document on the Member page at <u>www.bcbsms.com</u>.

| Common Medical | Services You May Need | What You Will Pay | | | Limitations Everytions 9 Other Important |
|------------------------------------------------------------------------------------------------------|-------------------------------------|-----------------------------------------------------------------|----------------------------------------|-------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Event | | | Provider by the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information |
| | Category One Drugs | \$15 / prescrip | tion | Not covered | Limited to a 30-day retail supply. Certain Prescription drugs may be subject to Prior Authorization, quantity limits, day limits and/or |
| | Category Two Drugs | \$35 / prescrip | tion | Not covered | duration of use restrictions. Generic drugs mandatory when available. *See the |
| | Category Three Drugs | \$75 / prescription | | Not covered | Prescription Drug Benefits section in Article VIII. |
| | Category Four Drugs | \$100/ prescrip | | Not covered | Prescription <u>Deductible</u> is waived for Category One drugs. |
| | Category One Maintenance Drugs | \$37.50 / Generic prescription | \$45 / Brand prescription | Not covered | Limited to a 90-day maintenance supply. Certain drugs may be subject to Prior |
| If you need drugs to treat your illness or condition More information about prescription | Category Two Maintenance Drugs | \$87.50 / Generic prescription | \$105 / Brand prescription | Not covered | Authorization, quantity limits, day limits and/or duration of use restrictions. Generic drugs mandatory when available. *See the Prescription Drug Benefits section in Article VIII. |
| | Category Three Maintenance Drugs | \$187.50 / Generic prescription | \$225 / Brand prescription | Not covered | |
| drug coverage is available at www.bcbsms.com. | Category Four Maintenance Drugs | \$250 / Generic prescription | \$300 / Brand prescription | Not covered | Prescription <u>Deductible</u> is waived for Category One drugs. |
| | Disease Specific Drugs | 10% of the All Amount up to Copayment w minimum of \$ Copayment | l <mark>owed</mark> \$350 vith a | Not covered | Disease Specific Drugs must be provided by a Network Disease Specific Pharmacy or a Non-Pharmacy Network Provider, be listed in the Disease Specific Drug Formulary and are subject to Prior Authorization. |
| | Medical Prescription Drugs | 20% Coinsurance | | 50% <u>Coinsurance</u> or <u>Not Covered</u> | Must be dispensed or administered by a Hospital, Physician or Allied Provider and listed in the Medical Prescription Drug Formulary. Deductible does not apply in Physician's or Allied Provider's office. Non- Network Provider Benefits may vary by place of treatment. No Benefit provided if Non- Network Provider's services are not covered. |

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document on the Member page at <u>www.bcbsms.com</u>.

| Common Madical | | What You Will Pay | | Limitations Expontions ? Other Important | |
|---------------------------------------------------------------------------------------|------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Common Medical Event | Services You May Need | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Limitations, Exceptions, & Other Important Information | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 20% <u>Coinsurance</u> | 50% <u>Coinsurance</u> | Certain Covered Services may be subject to the Specialty Services provisions. *See the Schedule of Benefits-Specialty Services. Prior Authorization may be required if Covered Services can be provided in a lower place of treatment. *See the Ambulatory Surgical Facility Services Article. | |
| | Physician/surgeon fees | 20% Coinsurance | 50% Coinsurance | None. | |
| If you need | Emergency room care | 20% Coinsurance | 20% Coinsurance | A \$350 <u>Copayment</u> will be applied for non- <u>emergency services</u> . 50% <u>Coinsurance</u> for non- <u>emergency services</u> rendered by a <u>Non-</u> <u>Network Provider</u> . <u>Deductible</u> applies. | |
| immediate medical attention | Emergency medical transportation | 20% Coinsurance | 50% Coinsurance | None. | |
| diomion | Urgent care | \$30 / Primary care or \$40 / Specialist office visit; Deductible does not apply. | 50% Coinsurance | Other Covered Services rendered in the Network Provider's office will be subject to the Network Coinsurance amount. | |
| If you have a hospital stay | Facility fee (e.g., hospital room) | 20% Coinsurance | 50% <u>Coinsurance</u> | Inpatient Rehabilitation Services are limited to 30 days per year and not covered if services received from Non-Network Provider. Certain Covered Services may be subject to the Specialty Services provisions. *See the Schedule of Benefits-Specialty Services. Prior Authorization may be required if Covered Services can be provided in a lower place of treatment. *See the Hospital Benefits Article. | |
| | Physician/surgeon fees | 20% Coinsurance | 50% Coinsurance | None. | |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | \$30 / office visit; 20% <u>Coinsurance</u> for Outpatient services. | 50% Coinsurance | For Outpatient services, other Covered Services rendered in the Network Provider's office will be subject to the Network Coinsurance amount with the Deductible | |
| | Inpatient services | 20% Coinsurance | 50% Coinsurance | waived. Subject to Care Management, Medical Necessity, and appropriateness of care. | |

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document on the Member page at <u>www.bcbsms.com</u>.

| Common Medical | | What You | ı Will Pay | Limitations, Exceptions, & Other Important | |
|---------------------------------------------------------|-------------------------------------------|-------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| Event | Services You May Need | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | Information | |
| | Office visits | \$30 / visit <u>Deductible</u> does not apply. | 50% Coinsurance | Cost sharing does not apply to certain preventive services. Depending on the type of | |
| If you are pregnant | Childbirth/delivery professional services | 20% Coinsurance | 50% Coinsurance | services, a <u>Copayment</u> , <u>Coinsurance</u> , or <u>Deductible</u> may apply. Maternity care may | |
| | Childbirth/delivery facility services | 20% Coinsurance | 50% Coinsurance | include tests and services described elsewhere in the SBC (i.e. ultrasound). | |
| | Home health care | 20% Coinsurance | Not covered | Available only through Care Management. *See the Home Health section in Article XIII. | |
| If you need help recovering or have other special | Rehabilitation services | Inpatient and Outpatient: 20% Coinsurance Physical Medicine: 20% Coinsurance | Inpatient: Not covered Outpatient: 50% Coinsurance Physical Medicine: Not covered | Inpatient Rehabilitation limited to 30 days per year by a Network Provider. Physical medicine limited to 20 combined outpatient visits per year in the home and Provider's office. Outpatient Cardiac Rehab limited to 36 visits per year and must be rendered by a Network Provider. Speech Therapy limited to 20 outpatient visits per year. *See the Inpatient Rehabilitation, Outpatient Cardiac Rehabilitation, Physical Medicine and Speech Therapy sections. | |
| health needs | Habilitation services | 20% Coinsurance | Not covered | Limited to 20 Physical Therapy and Occupational Therapy visits, combined, and 20 Speech Therapy visits. | |
| | Skilled nursing care | Not covered | Not covered | Not covered. | |
| | Durable medical equipment | 20% Coinsurance | Not covered | Medical Necessity certificate required. *See the Durable Medical Equipment section in Article VIII. | |
| | Hospice services | 20% Coinsurance | Not covered | 6 month lifetime limitation. *See the Hospice Care section in Article VIII. | |
| If your child needs dental or eye care | Children's eye exam | Not covered | Not covered | | |
| | Children's glasses | Not covered | Not covered | Routine dental and eye care are not available. | |
| | Children's dental check-up | Not covered | Not covered | | |

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document on the Member page at <u>www.bcbsms.com</u>.

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery
- Dental Care

- Hearing Aids
- Infertility Treatment
- Long-term Care
- Non-emergency care when traveling outside the U.S.
- Private-duty Nursing

- Routine Eye Care
- Routine Foot Care
- Skilled Nursing Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic Care

Habilitation Services

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Mississippi Insurance Department at 1-800-562-2957 or you can contact the plan at 601-664-4590 or 1-800-942-0278. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Blue Cross & Blue Shield of Mississippi at 601-664-4590 or 1-800-942-0278 or the Mississippi Insurance Department at 1-800-562-2957.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 601-664-4590 or 1-800-942-0278.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 601-664-4590 or 1-800-942-0278.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码601-664-4590 or 1-800-942-0278.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 601-664-4590 or 1-800-942-0278.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document on the Member page at <u>www.bcbsms.com</u>.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| ■ The <u>plan's</u> overall <u>deductible</u> | \$6,000 |
|-----------------------------------------------|---------|
| ■ Primary copayment | \$30 |
| ■ Hospital (facility) coinsurance | 20% |
| ■ Other coinsurance | 20% |

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

| Total Example Cost | \$12,700 | |
|---------------------------------|----------|--|
| In this example, Peg would pay: | | |
| Cost Sharing | | |
| <u>Deductibles</u> | \$6,000 | |
| <u>Copayments</u> | \$10 | |
| Coinsurance | \$1,270 | |
| What isn't covered | | |
| Limits or exclusions | \$60 | |
| The total Peg would pay is | \$7,340 | |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| ■ The plan's overall deductible | \$6,000 |
|-----------------------------------|---------|
| ■ Specialist copayment | \$40 |
| ■ Hospital (facility) coinsurance | 20% |
| ■ Other <u>coinsurance</u> | 20% |
| | |

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Tatal Farancia Asat

Durable medical equipment (glucose meter)

| Total Example Cost | \$5,600 | |
|---------------------------------|---------|--|
| In this example, Joe would pay: | | |
| Cost Sharing | | |
| <u>Deductibles</u> * | \$1,390 | |
| Copayments | \$760 | |
| Coinsurance | \$0 | |
| What isn't covered | | |
| Limits or exclusions | \$20 | |
| The total Joe would pay is | \$2,170 | |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| ■ The plan's overall deductible | \$6,000 |
|-----------------------------------|---------|
| ■ Specialist copayment | \$40 |
| ■ Hospital (facility) coinsurance | 20% |
| Other <u>coinsurance</u> | 20% |

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

| Total Example Cost | \$2,800 |
|---------------------------------|---------|
| In this example, Mia would pay: | |
| Cost Sharing | |
| <u>Deductibles</u> | \$2,290 |
| Copayments | \$130 |
| Coinsurance | \$40 |
| What isn't covered | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$2,460 |

*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.