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YOUR
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BlueCross BlueShield
of Mississippi

Blue
Health
Savings

Blue Health Savings – Small Group Certificate of Coverage

This Certificate of Coverage provides basic information regarding benefits provided to individuals with Blue Health Savings – Small Group coverage, as well as benefit limitations and services that are not covered. The Certificate of Coverage is an example of the most popular Blue Health Savings – Small Group benefit option and is not a guarantee of coverage for a particular benefit. Following enrollment, covered members will be able to view their detailed Benefit Booklet through the *myBlue* Member portal.

Schedule of Benefits

Blue Health Savings – Small Group

Benefit Plan Year

A period of one calendar year commencing each January 1 through December 31.

Deductible Amounts

	<u>Network</u>	<u>Non-Network</u>
Individual Coverage Deductible	\$3,800	\$7,600
Family Coverage Maximum Deductible*	\$7,600	\$15,200

*If more than one person is covered under this Plan, the full family deductible must be satisfied before Benefits will be provided for the Members. If the Family Coverage Maximum Deductible exceeds the Individual Coverage Out-of-Pocket amount, no one covered family member can contribute more than their Individual Out-of-Pocket limit.

The Network and Non-Network Deductible Amounts listed above are separate and distinct. These Deductible Amounts are not interchangeable. If the Member is referred by the Network Provider to another Network or Non-Network Provider for additional services including, but not limited to, laboratory or diagnostic services, the applicable Network or Non-Network Deductible will apply, dependent upon the place of treatment.

The Network and/or Non-Network Deductible amount must be met before any Coinsurance amounts apply. After the Deductible has been met, the Member will begin to pay Coinsurance amounts, (where applicable), for Medical and/or Prescription Drug Benefits.

Out-of-Pocket Maximum

Network Provider

Individual Coverage Out-of-pocket	\$7,050
Family Coverage Out-of-pocket (Combined for the entire Family)	\$14,100

The Individual Coverage Out-of-Pocket applies to each covered family member. Once two or more covered family members' Out-of-Pocket combine to equal the Family Coverage Out-of-Pocket amount, the Out-of-Pocket limit will be satisfied for the family for the calendar year. No one person can contribute more than their Individual Out-of-Pocket limit.

Out-of-pocket expenses for Network Deductible and Coinsurance for Covered Services rendered by Network Providers accumulate to the Out-of-Pocket amount. When a Subscriber's or Dependent's Out-of-pocket expenses for Deductibles and Co-insurance for Covered Services rendered by Network Providers reach the Out-of-pocket amount during a Calendar Year, Allowable Charges for Covered Services rendered by Network Providers will be paid at 100% (where applicable) for the remainder of the Calendar Year.

When a Member receives services from a Non-Network Provider, the Deductible amounts and Coinsurance amounts will not accumulate to the Out-of-Pocket amount. Once the Out-of-Pocket is satisfied, Company will not provide Benefits at 100% of the Allowable Charge for Covered Services rendered by a Non-Network Provider. Company will continue to provide Benefits at the applicable Non-Network Benefit Level.

Blue Primary Care Home

Through a Blue Primary Care Home, the Member will establish a relationship with their Blue Primary Care Network Provider who will provide coordinated and continuing care. The Member should designate a Blue Primary Care Network Provider located and practicing in Mississippi who is accepting patients and who will provide their *Healthy You!* visit and *Color Me Healthy!* Covered Services, if applicable. If the Member does not designate a Blue Primary Care Network Provider, the Company may designate one for the Member. The Blue Primary Care Home extends to our youngest Members, ages 0 through 17 years, with care provided through a Pediatric Blue Primary Care Home.

Members who reside outside of Mississippi should select a Primary Care Home Network Provider located and practicing in their state of residence, where available.

Referral by a Blue Primary Care Network Provider is not needed for obstetrical or gynecological care by a Network Provider specializing in obstetrics or gynecology. However, the obstetrician/gynecologist may be required to comply with certain procedures, including obtaining Prior Authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals.

For information on how to select a Blue Primary Care Network Provider, and for a list of Blue Primary Care Network Providers, please use the Network Provider search tool located on Company's website at www.bcbsms.com or contact our Customer Service Team at 601-664-4590 or 800-942-0278.

Benefits

The Member must designate a *Healthy You!* or Blue Primary Care Network Provider who is a Network Provider located and practicing in the State of Mississippi and who is accepting patients.

Company will provide Benefits for Covered Services as specified below. Benefits are based on the Allowable minus: (1) any applicable Deductible Amount and/or (2) any applicable Co-insurance.

All Covered Services are subject to Care Management. Certain Benefits will only be provided when the Member receives Covered Services from Network Providers that are designated by the Company as a Center of Excellence or as a Network Provider privileged/credentialed and approved by the Company for the Covered Services.

Covered Services

Benefit

	<u>Blue Primary Care Network Provider or Healthy You! Network Provider</u>	<u>Non-Network Provider</u>
Healthy You! Preventive Health Services	100% (Deductible Waived)	Not Covered

Outpatient Services, based on age/sex parameters, must be rendered by a *Healthy You!* Network Provider designated by the Company who is a Network Provider located and practicing in Mississippi and who is accepting patients. Members who reside outside of Mississippi should select a Network Provider located and practicing in their state of residence. Services must be provided in that Provider's clinical setting. See the *Healthy You!* Preventive Health Services Age and Gender Guidelines located on *myBlue®* for the Covered Services.

	<u>Color Me Healthy! Network Provider</u>	<u>Non-Network Provider</u>
Color Me Healthy!	100%	Not Covered

Outpatient Services rendered by a Color Me Healthy! Network Provider designated by the Company when the Member is enrolled in the Color Me Healthy! Benefit that focuses on the treatment and control of metabolic health risks and diseases as defined by the Company.

Members with a Blue Primary Care Home will receive Healthy You! and Color Me Healthy! Covered Services from their selected Blue Primary Care Network Provider.

	<u>Network Provider</u>	<u>Non-Network Provider</u>
Other Preventive Health Services (Outpatient) (Based on Age/Sex Parameters)	100% (Deductible Waived)	Not Covered

Services must be rendered by a Network Provider approved by Company in that Provider's clinical setting. Covered Services must be included in the Grade A and B Recommendations of the United States Preventative Services Task Force. Covered Services also include all other preventive health services required by the Patient Protection and Affordable Care Act.

FOR ALL REMAINING COVERED SERVICES WITHIN THE SCHEDULE OF BENEFITS, THE DEDUCTIBLE MUST BE MET BEFORE ANY APPLICABLE COINSURANCE AMOUNTS APPLY.

Specialty Services

All Specialty Services are subject to Medical Policy, including Medical Necessity, and a determination by the Company of the most clinically appropriate setting. Specialty Services are only covered at the higher Benefit level stated in the Schedule of Benefits when provided by a Center of Excellence Provider or a Blue Specialty Network Provider. No Benefits will be provided without Pre-Certification or Prior Authorization.

	<u>Blue Specialty Network Provider</u>	<u>Non-Blue Specialty Network Provider</u>	<u>Non-Network Provider</u>
Ambulatory Services	100%	80%	Not Covered

To be covered, certain Specialty Services to include hip, knee and shoulder replacement and spine surgeries, must be provided by a Blue Specialty Network Provider.

	<u>Center of Excellence Provider</u>	<u>Non-Center of Excellence Network Provider</u>	<u>Non-Network Provider</u>
Inpatient Services*	100%	80%	Not Covered
Outpatient Services*	100%	80%	Not Covered
Physician Surgeon Services	100%	80%	Not Covered

* Only certain Specialty Services are covered in the Hospital Inpatient or Outpatient settings and only if supported by Medical Policy, including Medical Necessity, and a determination by the Company of the most clinically appropriate setting.

Specialty Services do not include Maternity Services regardless of whether the services are provided by a Network Provider designated as a Center of Excellence.

When a Member receives Specialty Services at a Center of Excellence Network Provider, only the Network facility and the Network Physician surgeon at the Center of Excellence performing the covered Specialty Service will be paid at the higher Co-insurance level. Other Network professional Covered Services to include anesthesia will be paid at the Network Provider Co-insurance level.

SPECIALTY SERVICES - Treatment and care related to the following services:

- A. Cardiac Care – including, but not limited to, non-emergent cardiac percutaneous coronary interventions, coronary artery bypass graft surgery, and cardiac valve replacement;
- B. Spine Surgery – including, but not limited to, discectomy, spinal fusion, and spinal decompression procedures;
- C. Orthopedic Services – including, but not limited to, shoulder, knee and hip replacement; and
- D. Other Specialty Services as defined by the Company.

When a Member receives a Specialty Service in a Specialty Service Area with no designated Center of Excellence or Blue Specialty Network Provider, this section will not apply and services will be considered under the Hospital or Physician Services sections set out below.

See a listing of the BCBSMS Centers of Excellence and Blue Specialty Network Providers located on the secure *myBlue* Member portal at www.bcbsms.com.

Hospital Services

(HOSPITAL SERVICES are those services that are not included under Specialty Services.)

All Hospital Admissions (to include Emergency, Mental Health Disorder, and Substance Use Disorder Admissions) must be pre-certified as outlined in Article XIII, Care Management.

Only certain Covered Services will be covered in a Hospital setting, and the Company may require a Prior Authorization (excluding maternity Benefits) for a determination by the Company of the most clinically appropriate setting.

	<u>Network Provider</u>	<u>Non-Network Provider</u>
Inpatient Hospital Services	90%	50%
Other Services	90%	50%
Maternity Benefits (Limited to Benefits described in Article VII)	90%	50%
Inpatient Rehabilitation Services (Limited to 30 Inpatient days per Calendar Year)	90%	Not Covered
Outpatient Hospital Services	90%	50%
Emergency Room Services (Professional Services are included)		
Emergency	90%	90%
Non-Emergency	90%	50%

When the Member obtains Emergency Room Services from a Non-Network Provider (Hospital) in the case of Mental Health Disorders or Substance Use Disorders, Covered Services will be subject to the Medical Emergency Benefit. Network Benefits will be applied subject to the Member satisfying the Benefit Period Deductible Amount.

	<u>Network Provider</u>	<u>Non-Network Provider</u>
Ambulatory Surgical Facility Services (ASF)	90%	50%

	<u>Network Provider</u>	<u>Non-Network Provider</u>
Physician Services (M.D. and D.O. only)		
	Primary Care	Specialist

Office Visits	90% (Family Practice, General Practice, Internal Medicine, Pediatricians, and OB/GYN)	90%	50%
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Other Office Services rendered in the Physician's Office (The term "Services" does not include Durable Medical Equipment, Prosthetics or Orthotic Devices.)	90%		50%
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Other Physician Services	90%		50%
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	<u>Network Provider</u>	<u>Non-Network Provider</u>
Newborn Well Baby Care (Subsequent visits, circumcision and discharge of baby)	90%	50%

Other Covered Services

Benefit

	<u>Network Provider</u>	<u>Non-Network Provider</u>
Allied Primary Care Health Professional		
Office Services	90%	50%
Allied Specialist		
Office or Facility Services	90%	50%
Other Allied Primary Care and Specialist Provider Services		
<p>When Physical Medicine services are provided, Benefits will be limited to 20 visits per Calendar Year, subject to Medical Necessity, and three (3) modalities per visit. Visit limits apply to Physical Medicine visits in the home and at the Allied Specialist's office or facility. No Benefits will be provided for services provided by Non-Network Physical Therapists, Occupational Therapists, or Chiropractors. In addition, no Benefits will be provided for Physical Medicine services provided by a Non-Network Provider.</p>		
Ambulance Services	90%	50%
Allergy Injections/Testing Services	90%	50%
Diagnostic Services Facility	90%	Not Covered
Dialysis Treatment	90%	Not Covered
Durable Medical Equipment (Medical Necessity Certificate Required)	90%	Not Covered
Habilitative Care (Limited to 20 Physical Therapy and Occupational Therapy visits, combined, and 20 Speech Therapy visits per Calendar Year)	90%	Not Covered

	Network Provider	Non-Network Provider
Hospice Care (Limited to 6 months per the lifetime of the Member) (Subject to Care Management)	90%	Not Covered
Independent Laboratory	90%	Not Covered
Infusion Therapy (Subject to Care Management)	90%	Not Covered
Orthotic Devices (Medical Necessity Certificate Required)	90%	90%
Outpatient Cardiac Rehabilitation (Covered Services must be rendered by a Network Provider that is a Certified Facility) (Visit limits are based on the severity of patient's condition, not to exceed 36 visits)	90%	Not Covered
Physical Medicine (Limited to 20 visits per Calendar Year) (Limited to 3 Modalities per visit)	90%	Not Covered
Prosthetic Appliances (Medical Necessity Certificate Required)	90%	90%
Sleep Studies (Services must be rendered by a facility or home sleep study Network Provider accredited by AASM)	90%	Not Covered
Speech Therapy (Limited to 20 Rehabilitative Care visits per Calendar Year)	90%	90%
Therapy Services	90%	Not Covered

Prescription Drugs

No Benefits will be provided for any Prescription Drug not included in Company’s Prescription Drug Formulary or Maintenance Drug Formulary. All Prescription Drug Benefits are subject to Care Management to include Prior Authorization which may be required prior to Benefits being provided, Medical Necessity and appropriateness of care.

Only those Prescription Drugs within the Maintenance Drug Formulary are eligible for a 90-day supply.

If a generic equivalent Prescription Drug, Interchangeable Biological Product or Biosimilar Product is available, but the member purchases the brand name or Reference Biologic Medication, the Member will be responsible for the entire cost of the drug. Benefits for Prescription Drugs are subject to Quantity Limits and/or day limits and Medical Policy. No Benefits will be provided for Prescription Drugs prescribed or dispensed beyond the Quantity Limits and/or day limits. Certain Prescription Drugs are subject to clinically appropriate duration of use restrictions based upon the usual course of treatment. Benefits may be reduced if the Member uses a drug manufacturer’s coupon which reduces or eliminates the Member’s liability.

As part of Generic First, certain Prescription Drugs that have a generic, Interchangeable Biological Product, Biosimilar Product or lower cost alternative may be subject to a trial usage of the generic alternative drug, Interchangeable Biological Product or Biosimilar Product for a specific period of time before Benefits will be available for the prescribed drug.

Subject to Prior Authorization, Benefits may be available for Category Four Prescription Drugs where a lower cost alternative is available. If Benefits are provided, the Benefits will be no greater than the Benefit for the lowest cost alternative.

The Company will pay 100% for certain Prescription Drugs that are determined by the Company to be preventive and are included within Company’s Prescription Drug Formulary or Maintenance Drug Formulary. The Network Deductible does not apply to these preventive Prescription Drugs.

	Community PLUS Pharmacy	Non-Community PLUS Pharmacy
Prescription Drugs (Limited to a 30-day supply) (Deductible Applies)		
Category One Drugs	90%	Not Covered
Category Two Drugs	90%	Not Covered
Category Three Drugs	90%	Not Covered
Category Four Drugs	90%	Not Covered

Maintenance Drugs (A 90-day supply) (Deductible Applies)	Community PLUS Maintenance Pharmacy		Non-Maintenance Pharmacy
	Generic	Brand	
Category One Drugs	90%	90%	Not Covered
Category Two Drugs	90%	90%	Not Covered
Category Three Drugs	90%	90%	Not Covered
Category Four Drugs	90%	90%	Not Covered

	Network Provider	Non-Network Provider
Disease Specific Drugs (Drugs must be provided by a Network Disease Specific Pharmacy or a Member's Non-Pharmacy Network Provider; have been Prior Authorized by the Company; and listed in the Disease Specific Drug Formulary)	90%	Not Covered

No Benefits will be provided for any Disease Specific Drug not included in Company's Disease Specific Drug Formulary. Benefits will not be provided if the Member receives financial assistance from a drug manufacturer or if the Member has no obligation to pay for the Disease Specific Drug. The Network Deductible must be met before any Coinsurance amounts apply.

	Network Provider	Non-Network Provider
Medical Prescription Drugs (Drugs must be dispensed or administered by a Hospital, Physician or Allied Provider and Listed in the Medical Prescription Drug Formulary. Deductible does not apply when dispensed or administered in the Network Physician's or Network Allied Provider's Office.)	90%	50% or Not Covered*

* Non-Network Provider Benefits may vary by place of treatment. No benefits will be provided if the Non-Network Provider's services are not covered as outlined in the Schedule of Benefits.

Mental Health and Substance Use Disorder Benefits

All services are subject to Care Management, Medical Necessity and appropriateness of care.

	<u>Network Provider</u>	<u>Non-Network Provider</u>
Inpatient Care	90%	50%
Inpatient Rehabilitation Services	90%	50%
Residential Treatment Center	90%	50%
Partial Hospitalization	90%	50%
Outpatient Hospital Visits	90%	50%
Other Outpatient Physician and Allied Provider Services	90%	50%
Physician and Allied Provider Office Visits	90%	50%
Other Services rendered in the Physician and Allied Provider’s Office	90%	50%

Organ and Tissue Transplant Benefits

In order for the Member to receive Network Benefits for Covered Services for a transplant procedure, all of the following provisions must be satisfied: (1) The Member must receive Covered Services from a Network Provider approved and designated by the Company for the particular transplant surgery and (2) The Member’s Network Provider must receive Prior Authorization from the Company. Services provided by a Non-Network Provider are Non-covered Services.

	<u>Network Provider</u>	<u>Non-Network Provider</u>
Renal Transplants	90%	Not Covered
Other Solid Organ Transplants (Liver, Heart, Lung)	90%	Not Covered
Tissue Transplants (Bone Marrow Transplants)	90%	Not Covered
Donor Benefits	100%	Not Covered

Temporomandibular/Craniomandibular Joint Disorder (TMJ)

Prior Authorization is required. No Benefits will be provided unless Network Provider receives Prior Authorization from Company.

	<u>Network Provider</u>	<u>Non-Network Provider</u>
Surgery/Diagnostic Services and removable oral appliances for TMJ	90%	Not Covered

Diabetes Treatment

	<u>Network Provider</u>	<u>Non-Network Provider</u>
Equipment, Supplies for the monitoring of blood glucose and insulin administration. (Home glucose monitors limited to 1 monitor every 2 years)	90%	Not Covered
Diabetes Self-Management Training (Limited to six (6) hours per Calendar Year)	90%	Not Covered
Dilated Eye Exam (Limited to one exam per Calendar Year)	90%	Not Covered
Preventive Routine Foot Care (Limited to one visit per Calendar Year)	90%	Not Covered

Pediatric Vision Services

(Available only for Members under the age of 19)

Routine Eye Exam

Network Provider

90%

Non-Network Provider

Not Covered

Eyeglasses

(One Pair per year, subject to limitations contained in this Benefit Plan)

**100%
up to \$150**

Not Covered

Pediatric Dental Services

(Available only for Members under the age of 19)

Preventive Dental Services
(Preventive and Diagnostic Services)

Network Provider

90%

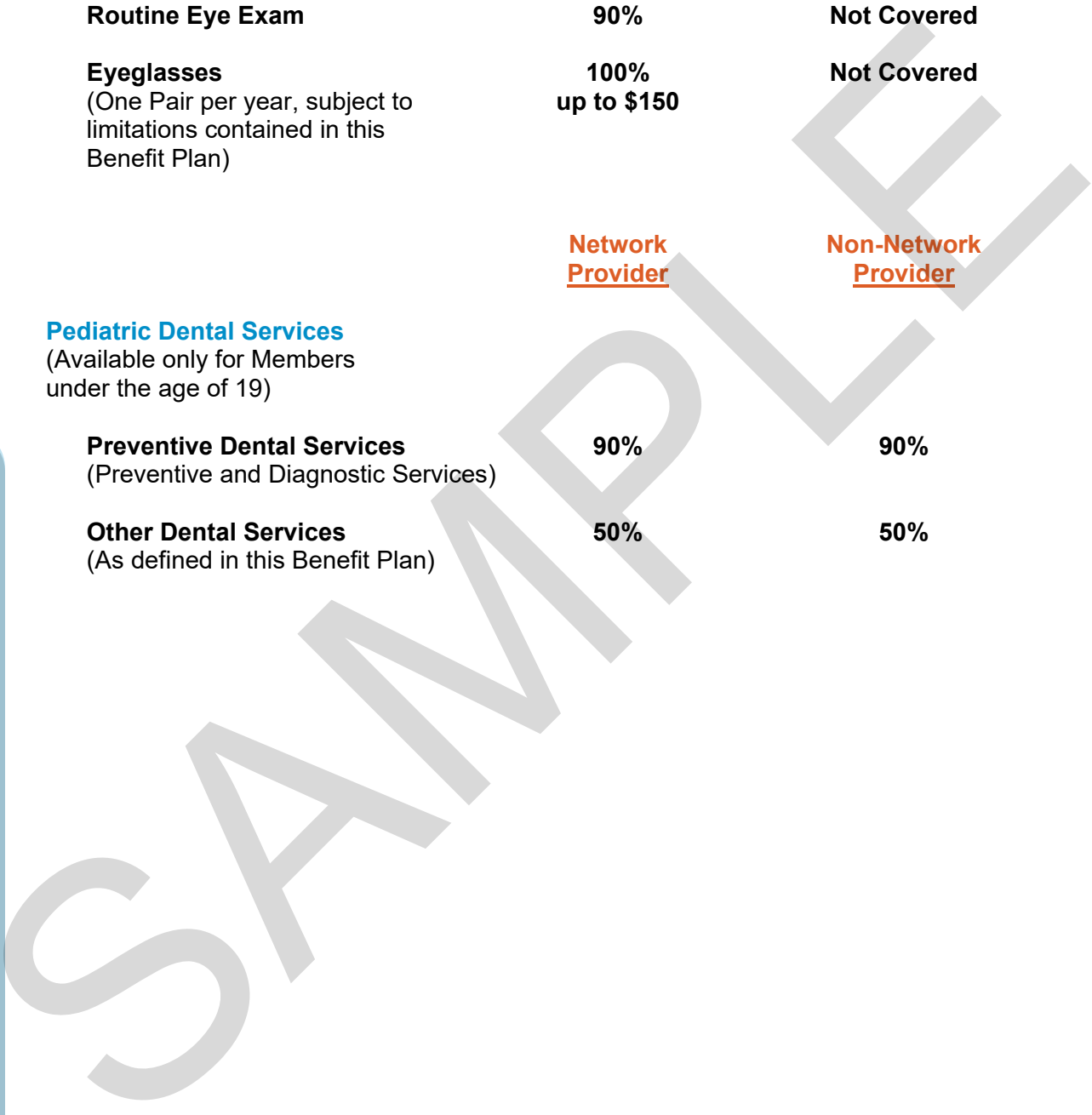
Non-Network Provider

90%

Other Dental Services
(As defined in this Benefit Plan)

50%

50%



Limitations and Exclusions

- A. Benefits will not be provided for the following:
1. Incremental nursing charges which are in addition to the Hospital's standard charge for Inpatient Services.
 2. The amount of charges for luxury accommodations or any accommodations in any Hospital or Allied Health Facility provided primarily for the patient's convenience which exceeds the Allowable for a standard Hospital room.
 3. Bed and Board in any other room at the same time Benefits are provided for use of a Special Care Unit.
 4. Any Prescription Drug and Medical Prescription Drug not included in the Prescription Drug Formulary, Maintenance Drug Formulary, Medical Prescription Drug Formulary or Disease Specific Drug Formulary.
 5. Prescription Drugs and Medical Prescription Drugs determined by Company not to be Medically Necessary for the treatment of illness or injury. These drugs include but are not limited to the following:
 - a. Drugs used for cosmetic purposes or weight reduction.
 - b. Any drug not proven effective in general medical practice.
 - c. Investigative drugs and drugs used other than for the FDA approved diagnosis except for drugs used in the treatment of cancer provided that such drug is recognized for treatment of the specific type of cancer for which the drug was prescribed in one of the standard reference compendia or in the medical literature.
 - d. Fertility drugs.
 - e. Minerals and vitamins (Exception: pre-natal vitamins).
 - f. Nutritional supplements.
 - g. Drugs that do not require a prescription.
 - h. Contraceptive devices (Exception: prescription contraceptives including Birth Control Pills, Norplant, Depro Provera, Intrauterine Devices (IUD), Diaphragms, and Plan B as required by the Patient Protection and Affordable Care Act).
 - i. Prescription Drugs and Medical Prescription Drugs if an equivalent product is available over the counter.
 - j. Refills in excess of the number specified by the Physician or any refills dispensed more than one year after the date of Physician's original prescription.

- k. Certain brand name drugs that require trial usage of a generic alternative, Interchangeable Biological Product or Biosimilar Product before Benefits are available for the brand name drug.
 - l. Compound Prescription Drugs.
 - m. A Disease Specific Drug unless the drug is dispensed by a Network Disease Specific Pharmacy or non-pharmacy Network Provider approved by Company. The Network Provider must receive Prior Authorization from the Company. The drug must meet the definition of Disease Specific Drug and must be listed in the Disease Specific Drug Formulary.
 - n. A Disease Specific Drug if the Member receives financial assistance from a drug manufacturer or if the Member has no obligation to pay for the Disease Specific Drug.
 - o. Benefits may be reduced if the Member uses a drug manufacturer's coupon which reduces or eliminates the Member's co-insurance.
 - p. Prescription Drugs and Medical Prescription Drugs where Prior Authorization is required in order for Benefits to be provided and Prior Authorization is not obtained.
 - q. Infant formulas used as a substitute for breastfeeding.
 - r. Medical Food administered enterally or orally except as covered under Medical Policy.
 - s. Prescription Drugs and Medical Prescription Drugs for which Benefits are sought by the Member when the Member has failed to comply with the Company's Prescription Drug Care Management requirements with regard to the Prescription Drugs and Medical Prescription Drugs.
 - t. Prescription Drugs and Medical Prescription Drugs when not provided in the appropriate place of service.
 - u. Provider administration or supervision of Self-Administered Drugs in the home or healthcare/clinical setting.
- 6. Outpatient Occupational Therapy, except as provided through Physical Medicine.
 - 7. For treatment related to sex transformations, sexual function, sexual dysfunctions or inadequacies regardless of Medical Necessity, unless required by law.
 - 8. Elective abortions including, however not limited to, the Member's request for payment of prescription abortifacients (Exception: Upon proper documentation from the Member's Provider, Company may determine the elective abortion procedure was due to an instance of rape or was Medically Necessary in order to preserve the life or physical health of the mother, unless otherwise prohibited by law).

9. Services and supplies related to infertility, artificial insemination, intrauterine insemination and in-vitro fertilization regardless of any claim of Medical Necessity.
10. Provider services or supplies rendered or furnished prior to the Member's Effective Date or subsequent to Member's termination date.
11. Charges for services paid or payable under Medicare Parts A or B when the Member has Medicare coverage.
12. Provider services, supplies, or charges to the extent payment has been made or is available under any other contract issued by this or any other Blue Cross or Blue Shield Company, or to the extent provided for under any other group Benefit Plan.
13. Acupuncture, anesthesia by hypnosis, or charges for anesthesia for non-covered services.
14. Cosmetic Surgery, Cosmetic Services, and any complications resulting from Cosmetic Surgery or Cosmetic Services. Cosmetic Services include, but are not limited to, dermal fillers, laser vein treatment, laser hair removal, laser tattoo removal, cosmetic removal of moles & skin tags, dermabrasion, chemical peel, and electrolysis.
15. Services or expenses for which the Member has no legal obligation to pay, or for which no charge would be made if the Member had no health coverage.
16. Services or supplies which are not prescribed by or performed by or upon the direction of a Physician or Allied Health Professional.
17. Services or supplies rendered by Providers other than those specifically covered by this Benefit Plan.
18. Any treatment, procedure, facility, equipment, drug, device, or supply not yet recognized as accepted medical practice for the treatment of the condition being treated, and therefore, not considered Medically Necessary.
19. Any injury, illness or condition for which a claim has been or will be pursued under any worker's compensation laws. If no claim has been or will be pursued or where there is ultimately no recovery of any type under the applicable worker's compensation laws, Benefits of this Benefit Plan will be available (see Article XV, Subrogation-Work Related).
20. Any injury growing out of an act or omission of another party for which a claim or recovery is or will be pursued. If no claim or recovery is or will be pursued, Benefits otherwise will be available under the terms of this Benefit Plan (see Article XV, Subrogation-Third Party).
21. By any governmental Hospital such as a charity Hospital, mental institution or sanatorium, except in those cases where enforcement of this exclusion would be prohibited by Federal law or the laws of the State of Mississippi.
22. Diseases contracted or injuries sustained as a result of war, declared or undeclared, or any act of war.

23. Care received from a dental or medical department maintained by or on behalf of an employer, a mutual Benefit association, labor union, trust, or similar person or group.
24. Care rendered by a Provider for himself or herself or by a Provider who is a first degree relative of the Member by blood or marriage or who regularly resides in the Member's household.
25. Personal comfort, personal hygiene and convenience items such as, but not limited to, air conditioners, humidifiers, shower chairs or personal fitness equipment.
26. Charges for telephone Consultations, failure to keep a scheduled visit, completion of a claim form, or to obtain medical records or information required to adjudicate a claim(s).
27. For palliative or cosmetic foot care including flat foot conditions, supportive devices for the foot, care of corns, bunions (except capsular or bone Surgery), calluses, toenails, fallen arches, weak feet, chronic foot strain, and symptomatic complaints of the feet, except for preventive or routine foot care rendered to a Member with a diagnosis of Diabetes or being treated for a metabolic, neurologic or peripheral vascular disease. Preventive or routine foot care is limited to the Covered Services specified in Article VI or as stated in Medical Policy.
28. Any surgical procedure that is performed in order to correct a visual acuity defect that can be corrected by contact lens or glasses is not eligible for coverage.
29. Travel, whether or not recommended by a Physician, except as specified under Ambulance Services Benefits and Organ Transplant Benefits.
30. Weight reduction programs or treatment for obesity including any Surgery for morbid obesity or for removal of excess fat or skin following weight loss, regardless of Medical Necessity, or Services at a health spa or similar facility. This Limitation and Exclusion does not apply to Preventive Health Services subject to the Preventive Health Services Medical Policy established by the Company.
31. Treatment of any Member in the custody of any law enforcement entity or confined in a prison, jail, or other penal institution.
32. Dental Care and Treatment, Dental Surgery, and dental appliances except as specified in this Benefit Plan.
33. For persons 19 years of age and older, benefits will not be provided for eyeglasses, contact lenses, eye exercises, orthoptic therapy or eye care due to decreased visual acuity or other visual complaints to determine the refractory state of the eye or eyes for the prescribing or fitting of glasses or contact lenses or orthoptic therapy. For individuals under the age of 19, benefits will not be provided for: vision training; special lens designs or coating, other than scratch resistant coating for plastic lens; replacement of lost eyewear; plano lenses; or two pairs of eyeglasses in lieu of bifocals.

34. Home Health services provided by a Home Health Agency except as specified in this Benefit Plan.
35. Nursing home care, custodial care, skilled nursing, long term acute care, assisted living, or extended care facility services, regardless of the level of care required or provided.
36. Respite Care.
37. Industrial testing, job screenings or self help programs (including, but not limited to stress management programs).
38. Work hardening programs.
39. Any care or service not specified as a Covered Service.
40. Supplies or equipment used or related to Infusion Therapy except as provided in Article VIII, Infusion Therapy.
41. Care of a newborn not covered at birth as a Dependent except as otherwise required by law with regard to an ill newborn.
42. Provider services or supplies which are not documented to be Medically Necessary as determined by Company.
43. Inpatient Hospital services and supplies for Rehabilitative Care and treatment except as provided in this Benefit Plan (See Hospital Benefits).
44. School, camp, work, and sports physicals, disability examinations, immunizations required for travel or school, and health counseling related to travel.
45. Preventive or wellness care provided at a worksite or school, or by a Certified Nurse Mid-wife, and preventive or wellness services except as provided by this Benefit Plan.
46. For reversal of a voluntary sterilization procedure.
47. Counseling services such as career counseling, marriage counseling, divorce counseling, parental counseling, and job counseling.
48. Services for anger management, hypnotherapy, yoga, animal-assisted therapy, acupuncture, harmonic resonance therapy, nutritional counseling, biofeedback, didactic group education, relaxation therapy, individual psychodynamic therapy, unstructured group therapy, or confrontation therapy as a principal treatment approach.
49. Charges or services related to situation or environmental change(s).
50. Facilities or settings such as therapeutic community, therapeutic group homes, apartment living associated with treatment, sober living houses, day-care, school settings, Oxford House models, half-way houses and home-based settings.

51. Court-ordered treatment determined to not be Medically Necessary.
52. Any programs performed and/or offered by a school, including educational programs, required by federal or state law to be performed and/or offered by schools, including, but not limited to, Individualized Education Programs, Special Education Services, and Individuals with Disabilities Education Improvement Act programs, Attention Deficit Disorder Classrooms, Autism Spectrum Disorders Classrooms or Applied Behavioral Analysis (ABA).
53. Treatment for behavioral disorders, learning disabilities or intellectual disabilities which do not qualify as Habilitative Care.
54. Services and supplies provided by recreational, therapeutic or educational camps or programs, including, but not limited to, weight loss camps, wilderness therapy camps, boot camps, Outward Bound programs and boarding schools, which do not utilize a multidisciplinary team that includes psychologists, psychiatrists, pediatricians, and licensed therapists who are involved daily in the care of the Member and do not meet standards for certification as a Residential Treatment Center or quality of care standards for medically supervised care provided by licensed mental health professionals. This exclusion includes any services provided in conjunction with, or as a part of, such programs or camps.
55. Organ and tissue transplants (autologous and allogeneic) except as provided in Article XII.
56. Services, care, treatment or supplies which are furnished or rendered after the cancellation or termination date of the Member's coverage (whether or not such services, care, treatment or supplies are for or related to a condition, disease, ailment or injury which commenced before or existed on the termination date of the Member's coverage).
57. Pre-Admission Testing.
58. Private Duty Nursing.
59. Drugs that are prescribed by a Provider in order to enhance the Member's performance in certain activities (example: blood enhancing drugs).
60. Dental Implants, including, but not limited to, the fixture, abutment, and prosthesis.
61. Hot tubs, swimming pools, whirlpools, lift chairs, and air purifiers, regardless of the Provider's recommendation.
62. For alterations or structural changes to the Member's home, auto or personal property to accommodate any Durable Medical Equipment. Equipment that does not meet the Company's definition of Durable Medical Equipment will also be excluded for Benefits.
63. Research and testing utilized for determining the cause of a miscarriage or a spontaneous abortion.

64. Charges for all medical complications which arise as the result of the Member receiving non-covered medical, surgical or diagnostic services. Examples of non-covered medical, surgical or diagnostic services include, but are not limited, to gastric bypass surgery, liposuction, cosmetic surgery, and elective abortions.
65. Charges for braces or any surgery for micrognathism and macrognathism when not Medically Necessary or solely for cosmetic purposes.
66. Illness or injury which is caused by the Member's unlawful possession of any item or substance or possession of any item or substance for an unlawful purpose.
67. Any hearing aids (air or bone conduction), speech generating devices, or listening devices, or for examination or fitting regardless of Medical Necessity.
68. Telemedicine Services except as provided in Article VIII and subject to Medical Policy.
69. In a Specialty Service Area, Specialty Services will only be covered by a Center of Excellence Network Provider or a Blue Specialty Network Provider.
70. Clinical Trials performed by Non-Network Providers or if the Member receives financial assistance from third parties.
71. Services provided pursuant to any direct primary care agreement, fee-for-service agreement, or similar arrangement in which the Member directly pays a health care provider a fee in exchange for the provision of medical services that are not to be billed to any insurance company or other third party.
72. Services provided solely to improve cognition (e.g., memory or perception), concentration and/or attentiveness, organizational or problem-solving skills, academic skills, impulse control or other behaviors for which behavior modification is sought.
73. Genetic testing, even if Medically Necessary, performed by a Provider who is not certified by the College of American Pathologists (CAP) and Clinical Laboratory Improvement Amendments (CLIA) Certified.
74. Services provided by Non-Network Independent Laboratories.
75. Medical marijuana, unless required by law.
76. Travel and lodging expenses for organ and tissue transplants that do not meet the criteria set forth in Article XII.