

Blue Cross & Blue Shield of Mississippi: Blue Care

Coverage Period: 01/01/2022 – 12/31/2022

Coverage for: Individual | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, you can get the Certificate of Coverage by clicking <u>here</u> or calling 601-664-4590 or 1-800-942-0278. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 601-664-4590 or 1-800-942-0278 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$4,000 Non-Network: \$8,000	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and medical services with <u>copayments</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this plan covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	Yes. \$300 for <u>prescription drug</u> <u>coverage</u> . There are no other specific <u>deductibles</u> .	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For Network Providers: \$8,700	The out-of-pocket limit is the most you could pay in a year for covered services.
What is not included in the out-of-pocket limit?	Balance-billed charges, non- network deductibles, non-network coinsurance, premiums and healthcare this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.bcbsms.com or call 601-664-4590 or 1-800-942-0278 for a list of Network Providers .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .

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Common Medical	Services You May Need	What You	ı Will Pay	Limitations Everytions 9 Other Important
Event		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 / office visit <u>Deductible</u> does not apply.	50% Coinsurance	Other Covered Services rendered in the Network Provider's office will be subject to the Network Coinsurance amount. During the COVID-19 Public Health Emergency, medically appropriate COVID-19 diagnostic tests and certain related items/service are covered at no cost share.
	<u>Specialist</u> visit	\$40 / office visit Deductible does not apply.	50% Coinsurance	Other Covered Services rendered in the Network Provider's office will be subject to the Network Coinsurance amount. Routine vision and podiatry are not covered. See Rehabilitation services and Habilitation services, below, for additional information. During the COVID-19 Public Health Emergency, medically appropriate COVID-19 diagnostic tests and certain related items/service are covered at no cost share.
	Preventive care/screening/immunization	No charge	Not covered	Covered Services must be rendered by a Healthy You! Network Provider in that Provider's setting. Please see www.bcbsms.com/be-healthy/healthy-you-wellness-benefit. You may have to pay for services that aren't preventive. Ask your Provider if the services you need are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% Coinsurance	Not covered	Benefits listed are for Independent Labs and Diagnostic Services Facilities. Services
	Imaging (CT/PET scans, MRIs)	20% Coinsurance	Not covered	provided in the <u>Provider's</u> office may be subject to the amounts listed above for <u>Primary</u> or <u>Specialist</u> care.

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document on the Member page at <u>www.bcbsms.com</u>.

Common Medical		What You Will Pay		ı Will Pay	Limitations Evacutions 9 Other Important	
Event	Services You May Need	Network Provider (You will pay the least)		Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Category One Drugs	\$15 / prescrip	tion	Not covered	Limited to a 30-day retail supply. Certain Prescription drugs may be subject to Prior Authorization, quantity limits, day limits and/or	
	Category Two Drugs	\$35 / prescrip	tion	Not covered	duration of use restrictions. Generic drugs mandatory when available. *See the	
	Category Three Drugs	\$75 / prescription Not covered		Not covered	Prescription Drug Benefits section in Article VIII. During the COVID-19 Public Health Emergency, early refill limits may be waived.	
	Category Four Drugs	\$100/ prescrip		Not covered	Prescription <u>Deductible</u> is waived for Category One drugs.	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.bcbsms.com.	Category One Maintenance Drugs	\$37.50 / Generic prescription	\$45 / Brand prescription	Not covered	Limited to a 90-day maintenance supply. Certain drugs may be subject to Prior	
	Category Two Maintenance Drugs	\$87.50 / Generic prescription	\$105 / Brand prescription	Not covered	Authorization, quantity limits, day limits and/or duration of use restrictions. Generic drugs mandatory when available. *See the	
	Category Three Maintenance Drugs	\$187.50 / Generic prescription	\$225 / Brand prescription	Not covered	Prescription Drug Benefits section in Article VIII. During the COVID-19 Public Health Emergency, early refill limits may be waived.	
	Category Four Maintenance Drugs	\$250 / Generic prescription	\$300 / Brand prescription	Not covered	Prescription <u>Deductible</u> is waived for Category One drugs.	
	Disease Specific Drugs	10% of the Al Amount up to Copayment w minimum of \$ Copayment	lowed \$200 vith a	Not covered	Disease Specific Drugs must be provided by a Network Disease Specific Pharmacy or a Non-Pharmacy Network Provider, be listed in the Disease Specific Drug Formulary and are subject to Prior Authorization. During the COVID-19 Public Health Emergency, early refill limits may be waived.	
	Medical Prescription Drugs	20% Coinsurance		50% <u>Coinsurance</u> or Not Covered	Must be dispensed or administered by a Hospital, Physician or Allied Provider and listed in the Medical Prescription Drug Formulary. Deductible does not apply in Physician's or Allied Provider's office. Non- Network Provider Benefits may vary by place of treatment. No Benefit provided if Non- Network Provider's services are not covered.	

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document on the Member page at <u>www.bcbsms.com</u>.

Common Medical		What You	ı Will Pay	Limitations Expansions & Other Important
Event	Services You May Need		Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>Coinsurance</u>	50% Coinsurance	Certain Covered Services may be subject to the Specialty Services provisions. *See the Schedule of Benefits-Specialty Services. Prior Authorization may be required if Covered Services can be provided in a lower place of treatment. *See the Ambulatory Surgical Facility Services Article.
	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	None.
If you need	Emergency room care	20% Coinsurance	20% Coinsurance	A \$350 Copayment will be applied for non-emergency services. 50% Coinsurance for non-emergency services rendered by a Non-Network Provider. Deductible applies. During the COVID-19 Public Health Emergency, cost-sharing is waived for medically appropriate COVID-19 diagnostic tests and certain related items/service.
immediate medical attention	Emergency medical transportation	20% Coinsurance	50% Coinsurance	None.
	Urgent care	\$30 / Primary care or \$40 / Specialist office visit; Deductible does not apply.	50% Coinsurance	Other Covered Services rendered in the Network Provider's office will be subject to the Network Coinsurance amount. During the COVID-19 Public Health Emergency, costsharing is waived for medically appropriate COVID-19 diagnostic tests and certain related items/service.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% Coinsurance	50% Coinsurance	Inpatient Rehabilitation Services are limited to 30 days per year and not covered if services received from Non-Network Provider. Certain Covered Services may be subject to the Specialty Services provisions. *See the Schedule of Benefits-Specialty Services. Prior Authorization may be required if Covered Services can be provided in a lower place of treatment. *See the Hospital Benefits Article.

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Common Medical	Common Medical What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
	Physician/surgeon fees	20% Coinsurance	50% Coinsurance	None.
If you need mental health, behavioral health, or	th, behavioral Outpatient services 20% Coinsurance for Outpatient services. 50% Coinsurance office will be a considered of the constant of		For Outpatient services, other Covered Services rendered in the Network Provider's office will be subject to the Network Coinsurance amount with the Deductible	
substance abuse services	Inpatient services	20% Coinsurance	50% Coinsurance	waived. Subject to Care Management, Medical Necessity, and appropriateness of care.
	Office visits	\$30 / visit Deductible does not apply.	50% Coinsurance	Cost sharing does not apply to certain preventive services. Depending on the type of
If you are pregnant	Childbirth/delivery professional services	20% Coinsurance	50% Coinsurance	services, a <u>Copayment</u> , <u>Coinsurance</u> , or <u>Deductible</u> may apply. Maternity care may
	Childbirth/delivery facility services	20% Coinsurance	50% Coinsurance	include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Home health care	20% Coinsurance	Not covered	Available only through Care Management. *See the Home Health section in Article XIII.
If you need help recovering or have other special health needs	Rehabilitation services	Inpatient and Outpatient: 20% Coinsurance Physical Medicine: 20% Coinsurance	Inpatient: Not covered Outpatient: 50% Coinsurance Physical Medicine: Not covered	Inpatient Rehabilitation limited to 30 days per year by a Network Provider. Physical medicine limited to 20 combined outpatient visits per year in the home and Provider's office. Outpatient Cardiac Rehab limited to 36 visits per year and must be rendered by a Network Provider. Speech Therapy limited to 20 outpatient visits per year. *See the Inpatient Rehabilitation, Outpatient Cardiac Rehabilitation, Physical Medicine and Speech Therapy sections.
	Habilitation services	20% Coinsurance	Not covered	Limited to 20 Physical Therapy and Occupational Therapy visits, combined, and 20 Speech Therapy visits.

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document on the Member page at <u>www.bcbsms.com</u>.

Common Medical		What You	ı Will Pay	Limitations, Exceptions, & Other Important
Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
	Skilled nursing care	Not covered	Not covered	Not covered.
	Durable medical equipment	20% Coinsurance	Not covered	Medical Necessity certificate required. *See the Durable Medical Equipment section in Article VIII.
	Hospice services	20% Coinsurance	Not covered	6 month lifetime limitation. *See the Hospice Care section in Article VIII.
	Children's eye exam	Not covered	Not covered	
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Routine dental and eye care are not available.
	Children's dental check-up	Not covered	Not covered	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
 Bariatric Surgery
 Cosmetic Surgery
 Dental Care
 Hearing Aids
 Infertility Treatment
 Long-term Care
 Non-emergency care when traveling outside the U.S.
 Private-duty Nursing
- Routine Eye Care
- Routine Foot Care
- Skilled Nursing Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic Care

Habilitation Services

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Mississippi Insurance Department at 1-800-562-2957 or you can contact the plan at 601-664-4590 or 1-800-942-0278. Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: Blue Cross & Blue Shield of Mississippi at 601-664-4590 or 1-800-942-0278 or the Mississippi Insurance Department at 1-800-562-2957.

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Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 601-664-4590 or 1-800-942-0278.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 601-664-4590 or 1-800-942-0278.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码601-664-4590 or 1-800-942-0278.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 601-664-4590 or 1-800-942-0278.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

^{*} For more information about limitations and exceptions, see the <u>plan</u> or policy document on the Member page at <u>www.bcbsms.com</u>.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$4,000
■ Primary copayment	\$30
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$4,000	
Copayments	\$10	
Coinsurance	\$1,670	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$5,740	

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$4,000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600		
In this example, Joe would pay:			
Cost Sharing			
<u>Deductibles</u> *	\$1,440		
Copayments	\$760		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$20		
The total Joe would pay is	\$2,220		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$4,000
■ Specialist copayment	\$40
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,290	
Copayments	\$130	
Coinsurance	\$40	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,460	

*Note: This <u>plan</u> has other <u>deductibles</u> for specific services included in this coverage example. See "Are there other <u>deductibles</u> for specific services?" row above.