

Blue Cross & Blue Shield of Mississippi: Blue Health Savings for Individuals

Coverage Period: 01/01/2018 – 12/31/2018

Coverage for: Individual | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, you can get the Certificate of Coverage by clicking <u>here</u> or call 601-664-4590 or 1-800-942-0278. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>co-insurance</u>, <u>co-payment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary or call 601-664-4590 or 1-800-942-0278 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$6,000 Non-Network: \$12,000	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>co-payment</u> or <u>co-insurance</u> may apply. For example, this plan covers certain preventive services without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Network Providers: \$6,550	The out-of-pocket limit is the most you could pay in a year for covered services
What is not included in the <u>out-of-pocket limit</u> ?	Balance-billed charges, non- network deductibles, non-network co-insurance, premiums and healthcare this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.bcbsms.com or call 601-664-4590 or 1-800-942-0278 for a list of Network Providers .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.

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All $\underline{\text{co-payment}}$ and $\underline{\text{co-insurance}}$ costs shown in this chart are after your $\underline{\text{deductible}}$ has been met, if a $\underline{\text{deductible}}$ applies.

Common	Coming Ver May Need	What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	None.	
If you visit a health care provider's office	<u>Specialist</u> visit	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	Routine vision and podiatry are not covered. See Rehabilitation services and Habilitation services, below, for additional information.	
or clinic	Preventive care/screening/immunization	No charge	Not covered	Covered Services must be rendered by a Healthy You! Network Provider in that Provider's setting. Please see www.bcbsms.com/be-healthy/healthy-you-wellness-benefit. You may have to pay for services that aren't preventive. Ask your Provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% <u>Co-insurance</u>	Not covered	Benefits listed are for Independent Labs. Services provided in the <u>Provider's</u> office may be subject to the amounts listed above for <u>Primary</u> or <u>Specialist</u> care.	
	Imaging (CT/PET scans, MRIs)	20% <u>Co-insurance</u>	Not covered	None.	
If you need drugs to	Category One Drugs	20% <u>Co-insurance</u>	Not covered	Limited to a 20 day retail supply. Cartain	
treat your illness or condition	Category Two Drugs	20% <u>Co-insurance</u>	Not covered	Limited to a 30-day retail supply. Certain Prescription drugs may be subject to Prior Authorization, quantity limits, day limits and/or	
More information about prescription drug coverage is available at	Category Three Drugs	20% <u>Co-insurance</u>	Not covered	duration of use restrictions. Generic drugs mandatory when available. *See the Prescription	
www.bcbsms.com	Category Four Drugs	20% <u>Co-insurance</u>	Not covered	Drug Benefits sections.	

Common Medical Event	Services You May Need	What You Network Provider (You will pay the least)	Non-Network Provider	Limitations, Exceptions, & Other Important Information	
	Category One Maintenance Drugs	(You will pay the least) 20% <u>Co-insurance</u>	(You will pay the most) Not covered		
	Category Two Maintenance Drugs	20% <u>Co-insurance</u>	Not covered	Limited to a 90-day maintenance supply. Certain drugs may be subject to Prior Authorization, quantity limits, day limits and/or duration of use	
	Category Three Maintenance Drugs	20% <u>Co-insurance</u>	Not covered	restrictions. Generic drugs mandatory when available. *See the Prescription Drug Benefits sections.	
	Category Four Maintenance Drugs	20% <u>Co-insurance</u>	Not covered	Sections.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	Prior Authorization may be required if Covered Services can be provided in a lower place of treatment.	
Surgery	Physician/surgeon fees	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	None.	
If you wood immediate	Emergency room care	20% <u>Co-insurance</u>	20% <u>Co-insurance</u>	50% <u>Co-insurance</u> for non-emergency services rendered by a <u>Non-Network Provider</u> .	
If you need immediate medical attention	Emergency medical transportation	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	None.	
	<u>Urgent care</u>	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	None.	
If you have a hospital stay	· · · · · · · · · · · · · · · · · · ·		50% <u>Co-insurance</u>	Inpatient Rehabilitation Services are limited to 30 days per year and not covered if services received from Non-Network Provider. Prior Authorization may be required if Covered Services can be provided in a lower place of treatment. *See Hospital Benefits Article.	
	Physician/surgeon fees	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	None.	
If you need mental health, behavioral health, or substance	Outpatient services	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	Subject to Care Management, Medical Necessity, and appropriateness of care.	
abuse services	Inpatient services	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	recessity, and appropriateness of care.	

Common		What You	Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
	Office visits	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	Cost sharing does not apply to certain preventive services. Depending on the type of services,	
If you are pregnant	Childbirth/delivery professional services	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	Co-insurance, or Deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery facility services	20% <u>Co-insurance</u>	50% <u>Co-insurance</u>	Coverage for newborn well baby care is available to a newborn through a Blue Care for Kids policy issued to the newborn.	
	Home health care	20% <u>Co-insurance</u>	Not covered	Available only through Care Management.	
If you need help recovering or have other special health needs	Rehabilitation services	20% <u>Co-insurance</u>	Inpatient: Not covered; Outpatient: 50% <u>Co-insurance;</u> Physical Medicine: Not covered	Inpatient Rehabilitation limited to 30 days per year by a Network Provider. Physical medicine limited to 20 combined outpatient visits per year in the home and Provider's office. Outpatient Cardiac Rehab limited to 36 visits per year and must be rendered by a Network Provider. Speech Therapy limited to 20 outpatient visits per year and not available for learning disabilities or developmental problems which do not qualify for Habilitation services. *See Inpatient Rehabilitation, Outpatient Cardiac Rehabilitation, Physical Medicine and Speech Therapy sections.	
	<u>Habilitation services</u>	20% <u>Co-insurance</u>	Not covered	Limited to 20 Physical Therapy and Occupational Therapy visits, combined, and 20 Speech Therapy visits.	
	Skilled nursing care	Not covered	Not covered	Not covered.	
	Durable medical equipment	20% <u>Co-insurance</u>	Not covered	Medical Necessity certificate required. *See Durable Medical Equipment section.	
	Hospice services	20% <u>Co-insurance</u>	Not covered	6 month lifetime limitation.	

Common		What You	Will Pay	Limitations, Exceptions, & Other Important Information	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)		
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Routine dental and eye care are not available.	
	Children's glasses	Not covered	Not covered		
j	Children's dental check-up	Not covered	Not covered		

Excluded Services & Other Covered Services:

Services Your Plan General	y Does NOT Cover (Check	your polic	cy or p	plan document for more information and a list of any other excluded services.)

Acupuncture	Hearing Aids	Routine Eye Care
Bariatric Surgery	 Infertility Treatment 	Routine Foot Care
Cosmetic Surgery	 Long-term Care 	 Skilled Nursing Care
Dental Care	 Non-emergency care when traveling outside the U.S. 	 Weight Loss Programs
	 Private-duty Nursing 	

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic Care
 Habilitation Services

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Mississippi Insurance Department at 1-800-562-2957 or you can contact the plan at 601-664-4590 or 1-800-942-0278. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Blue Cross & Blue Shield of Mississippi at 601-664-4590 or 1-800-942-0278 or the Mississippi Insurance Department at 1-800-562-2957.

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$6,000
■ Primary co-insurance	20%
■ Hospital (facility) <u>co-insurance</u>	20%
■ Other <u>co-insurance</u>	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$6,000	
Co-payments	\$0	
Co-insurance	\$550	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$6,610	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$6,000
■ Specialist co-insurance	20%
■ Hospital (facility) co-insurance	20%
■ Other <u>co-insurance</u>	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

Total Example Cost

\$12,800

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$6,000	
Co-payments	\$0	
Co-insurance	\$201	
What isn't covered		
Limits or exclusions	\$235	
The total Joe would pay is	\$6,436	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$6,000
■ Specialist co-insurance	20%
■ Hospital (facility) <u>co-insurance</u>	20%
■ Other co-insurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,400

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost		\$1,925

In this example, Mia would pay:

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Cost Sharing				
Deductibles	\$1,925			
Co-payments	\$0			
Co-insurance	\$0			
What isn't covered				
Limits or exclusions	\$0			
The total Mia would pay is	\$1,925			