This is only a summary. If you want more detail about your coverage and costs, you can get the Certificate of Coverage for the plan by clicking here or by calling 601-664-4590 or 1-800-942-0278.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	**$5,000** for Individuals. **$10,000** for Families. Doesn't apply to preventive care.	You must pay all the costs up to the **deductible** amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the **deductible** starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the **deductible**.
Are there other deductibles for specific services?	Yes. **$50** for prescriptions. There are no other specific **deductibles**.	You must pay all of the costs for these services up to the specific **deductible** amount before this plan begins to pay for these services.
Is there an out–of–pocket limit on my expenses?	Yes. For Network Providers: **$7,150** for Individuals and **$14,300** for Families.	The **out-of-pocket limit** is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for healthcare expenses.
What is not included in the out–of–pocket limit?	Balance-billed charges, non-network deductibles, non-network co-insurance, premiums and healthcare this plan doesn't cover.	Even though you pay these expenses, they don't count toward the **out-of-pocket limit**.
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for *specific* covered services, such as office visits.
Does this plan use a network of providers?	Yes. See www.bcbsms.com or call 601-664-4590 or 1-800-942-0278 for a list of Network Providers.	If you use an in-network doctor or other healthcare **provider**, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network **provider** for some services. Plans use the term in-network, **preferred**, or participating for **providers** in their network. See the chart starting on page 2 for how this plan pays different kinds of **providers**.
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the **specialist** you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about **excluded services**.

SAMPLE

- **Co-payments** are fixed dollar amounts (for example, $15) you pay for covered healthcare, usually when you receive the service.
- **Co-insurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is $1,000, your **co-insurance** payment of 20% would be $200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges $1,500 for an overnight stay and the **allowed amount** is $1,000, you may have to pay the $500 difference. (This is called **balance billing**.)
- This plan may encourage you to use Network **Providers** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.

Common Medical Event	Services You May Need	Your cost if you use a Network Provider	Your cost if you use a Non-Network Provider	Limitations & Exceptions
If you visit a healthcare provider's office or clinic	Primary care visit to treat an injury or illness	$25 / visit	40% co-insurance	Other Covered Services rendered in the Network Provider's office will be subject to the Network Co-insurance amount.
	Specialist visit	$40 / visit	40% co-insurance	
	Other practitioner office visit	$40 / visit to Allied Specialist	40% co-insurance; Physical Medicine: Not covered	Other Covered Services rendered in the Network Provider's office will be subject to the Network Co-insurance amount. Routine vision and podiatry are not covered. See Rehabilitation services, below, for additional information.
	Preventive care/screening/ immunization	No charge	Not covered	Services must be rendered by a *Healthy You!* Network Provider in that provider's setting. Covered Services are based upon age and gender guidelines and must be included in the Grade A and B recommendations of the U.S. Preventive Services Task Force.
If you have a test	Diagnostic test (x-ray, blood work)	20% co-insurance	Not covered	——————none——————
	Imaging (CT/PET scans, MRIs)	20% co-insurance	Not covered	

SAMPLE

Common Medical Event	Services You May Need	Your cost if you use a Network Provider		Your cost if you use a Non-Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition More information about **prescription drug coverage** is available at www.bcbsms.com.	Category One drugs	$10 / prescription		Not covered	Limited to a 30-day supply. Certain drugs may be subject to Prior Authorization, quantity limits, and/or duration of use restrictions. Generic drugs mandatory when available. Prescription deductible is waived for Category One drugs, if applicable.
	Category Two drugs	$25 / prescription		Not covered	
	Category Three drugs	$50 / prescription		Not covered	
	Category Four drugs	$100 / prescription		Not covered	
	Category One Maintenance drugs	$25 / Generic prescription	$30 / Brand prescription	Not covered	Limited to a 90-day supply. Certain drugs may be subject to Prior Authorization, quantity limits, and/or duration of use restrictions. Generic drugs mandatory when available. Prescription deductible is waived for Category One drugs, if applicable.
	Category Two Maintenance drugs	$62.50 / Generic prescription	$75 / Brand prescription	Not covered	
	Category Three Maintenance drugs	$125 / Generic prescription	$150 / Brand prescription	Not covered	
	Category Four Maintenance drugs	$250 / Generic prescription	$300 / Brand prescription	Not covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% co-insurance		40% co-insurance	Prior Authorization may be required if Covered Services can be provided in a lower place of treatment.
	Physician/surgeon fees	20% co-insurance		40% co-insurance	——————none——————
If you need immediate medical attention	Emergency room services	20% co-insurance		20% co-insurance	Your cost if you use a non-network provider for non-emergency services will be 40% co-insurance.
	Emergency medical transportation	20% co-insurance		40% co-insurance	——————none——————
	Urgent care	$25 / primary care visit $40 / specialist visit		40% co-insurance	Other Covered Services rendered in the Network Provider's office will be subject to the Network Co-insurance amount.

SAMPLE

Common Medical Event	Services You May Need	Your cost if you use a Network Provider	Your cost if you use a Non-Network Provider	Limitations & Exceptions
If you have a hospital stay	Facility fee (e.g., hospital room)	20% co-insurance	40% co-insurance	Inpatient Rehabilitation Services are limited to 30 days per year and not covered if services received from non-network provider. Prior Authorization may be required if Covered Services can be provided in a lower place of treatment.
	Physician/surgeon fee	20% co-insurance	40% co-insurance	——————none——————
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	$25 / visit; 20% co-insurance for other outpatient services	40% co-insurance	Subject to Care Management, Medical Necessity, and appropriateness of care.
	Mental/Behavioral health inpatient services	20% co-insurance	40% co-insurance	
	Substance use disorder outpatient services	$25 / visit; 20% co-insurance for other outpatient services	40% co-insurance	
	Substance use disorder inpatient services	20% co-insurance	40% co-insurance	
If you are pregnant	Prenatal and postnatal care	20% co-insurance	40% co-insurance	Maternity coverage is not available for dependent children.
	Delivery and all inpatient services	20% co-insurance	40% co-insurance	

SAMPLE

Common Medical Event	Services You May Need	Your cost if you use a Network Provider	Your cost if you use a Non-Network Provider	Limitations & Exceptions
If you need help recovering or have other special health needs	Home healthcare	20% co-insurance	Not covered	Available only through Care Management.
	Rehabilitation services	Inpatient and Outpatient: 20% co-insurance	Inpatient: Not covered; Outpatient: 40% co-insurance; Physical Medicine: Not covered	Inpatient Rehabilitation limited to 30 days per year by Network Provider. Physical medicine limited to 20 combined outpatient visits per year in the home and provider's office. Outpatient Cardiac Rehab limited to 36 visits per year and must be rendered by Network Provider. Speech Therapy limited to 20 outpatient visits per year and not available for learning disabilities or developmental problems.
	Habilitation services	Not covered	Not covered	Not covered.
	Skilled nursing care	Not covered	Not covered	Not covered.
	Durable medical equipment	20% co-insurance	Not covered	Medical Necessity certificate required.
	Hospice service	20% co-insurance	Not covered	6 month lifetime limitation.
If your child needs dental or eye care	Eye exam	Not covered	Not covered	Routine dental and eye care are not available.
	Glasses	Not covered	Not covered	
	Dental check-up	Not covered	Not covered	

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Acupuncture
- Bariatric Surgery
- Cosmetic Surgery
- Dental Care
- Habilitation Services
- Hearing Aids
- Infertility Treatment
- Long-term Care
- Non-emergency care when traveling outside the U.S.
- Private-duty Nursing
- Routine Eye Care
- Routine Foot Care
- Skilled Nursing Care
- Weight Loss Programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Chiropractic Care

SAMPLE

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at . You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: the plan, Blue Cross & Blue Shield of Mississippi at 601-664-4590 or 1-800-942-0278, the Mississippi Department of Insurance at 1-800-562-2957, or the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al601-664-4590 or 1-800-942-0278.
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 601-664-4590 or 1-800-942-0278.
Chinese (中文): 如果需要中文的帮助，请拨打这个号码601-664-4590 or 1-800-942-0278.
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne'601-664-4590 or 1-800-942-0278.

To see examples of how this plan might cover costs for a sample medical situation, see the next page.

SAMPLE

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby
(normal delivery)

- **Amount owed to providers: $7,540**
- **Plan pays $1,920**
- **Patient pays $5,620**

Sample care costs:

Hospital charges (mother)	$2,700
Routine obstetric care	$2,100
Hospital charges (baby)	$900
Anesthesia	$900
Laboratory tests	$500
Prescriptions	$200
Radiology	$200
Vaccines, other preventive	$40
Total	**$7,540**

Patient pays:

Deductibles	$5,000
Co-pays	$20
Co-insurance	$450
Limits or exclusions	$150
Total	**$5,620**

Managing type 2 diabetes
(routine maintenance of a well-controlled condition)

- **Amount owed to providers: $5,400**
- **Plan pays $3,080**
- **Patient pays $2,320**

Sample care costs:

Prescriptions	$2,900
Medical Equipment and Supplies	$1,300
Office Visits and Procedures	$700
Education	$300
Laboratory tests	$100
Vaccines, other preventive	$100
Total	**$5,400**

Patient pays:

Deductibles	$1,550
Co-pays	$550
Co-insurance	$0
Limits or exclusions	$220
Total	**$2,320**

SAMPLE

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or pre-existing condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-Network **Providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **co-payments**, and **co-insurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **co-payments**, **deductibles**, and **co-insurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

SAMPLE